



“A voice for skin care in Wales”

“Llais I ofal croen yng Nghymru”

**Cross Party Group on Skin Meeting
Tuesday November 12, 2019
18:00 – 19:00 approximately (refreshments from 17:45)
Conference Rooms B, National Assembly for Wales,
Ty Hywel, Cardiff Bay, CF99 1NA
Chaired by AM- Nick Ramsay**

Meeting Minutes

Attendees: Rachel Abbott (Cardiff and Vale UHB), Shaheen Akhtar (Cardiff and Vale UHB), Christine Bundy (Cardiff University), Abbie Gardner (La Roche-Posay), Alex Gibbs (Cardiff University), Sharon Hulley (Cardiff and Vale UHB), Dai Lloyd (Welsh Assembly), Maura Matthews (Tenovus), Avad Mughal (Swansea Bay UHB), Anwen Nicholas (Cardiff and Vale UHB), Girish Patel (Cardiff and Vale UHB), Rachel Pattison (Cardiff University), Julie Peconi (Skin Care Cymru), Nick Ramsay (Welsh Assembly), Paul Thomas (Skin Care Cymru), Harry Thompson (Deryn), Dominic Urmston (Psoriasis Association), Deb Vine (Skin Care Cymru), Rob Vine (Skin Care Cymru), Iain Whitaker (Swansea University)

Apologies: Liz Allen (British Association of Skin Camouflage), Rebecca Andrews (Welsh Government), Rose Bell (Skin Care Cymru), Andrew Davies (Swansea Bay UHB), Martin Fiddler Jones (Tenovus), Jonathon Fox (Leo Pharma), Gail Grant (AbbVie), Keith Harding (WWIC), Glenda Hill (Betsi Cadwaladr UHB), Jenny Hughes (Swansea Bay UHB), Olivia Hughes (Skin Care Cymru), Keith Jones (Hywel Dda UHB), Peter Lewis (Welsh Government), Caroline Mills (Aneurin Bevan UHB), Richard Oliver (Hyperhidrosis UK), Alice Parker (La Roche-Posay), Karen Pontin (Skin Health Swansea Bay), Amanda Simonds (Celgene), Constantinos Skinitis (Novartis), Laura Stevenson (Psoriasis Association), Richard Tew (Novartis), Mayda Thomas (Skin Care Cymru), Ann Vosper (Skin Care Cymru), Sarah Wright (Skin Care Cymru).

1. Welcome, introductions, apologies, previous meeting' s minutes – Nick Ramsay

The Chair, Nick Ramsay, welcomed the group and everyone introduced themselves stating where they were from. He also thanked the meeting sponsors La Roche-Posay. Julie Peconi indicated there were several apologies and that she would add them to the minutes in the interest of time. Nick ran through the Information Policy for the group:

“In line with General Data Protection Regulations 2018 and in line with Welsh Government policy, Cross Party Groups are responsible for appropriate handling of their data. All minutes (including attendee lists and apologies) will be published online on the Cross Party Group section of the Welsh Assembly Government website and on the Skin Care Cymru website. Meeting attendee names will also be published in the Cross Party Group on Skin’ s annual reports. If you wish to opt out of this, please inform the Cross Party Group on Skin’ s secretariat, Julie Peconi at j.peconi@swansea.ac.uk.”

We went through the previous meeting’ s minutes and all agreed that they were an accurate reflection of the meeting. We carried over the action to write to Vaughan Gething, Cabinet Secretary for Health and Social Services, asking for confirmation that sunbed legislation would definitely be included in the next consultation.

Action: Nick Ramsay to write to the Cabinet Secretary for Health and Social Services requesting confirmation that sunbeds would be included in the consultation.

2. Update on the Planned Care Programme – Julie Peconi, Skin Care Cymru, on behalf of Rebecca Andrews, Planned Care

Rebecca had provided a brief update, on the three streams of work for 2019-20: a national review of dermatology services in Wales, improved opportunities for junior doctors in Wales to pursue a career in dermatology by the creation of Clinical Fellow posts and a local enhanced service for minor skin surgery in primary care. The update was tabled at the meeting and is circulated with these minutes.

3. Increasing training numbers in Wales – Avad Mughal, Skin Care Cymru

Avad spoke to the group about the shortage of dermatologists in Wales and in particular, that West/North Wales were struggling despite increased demand. He spoke about ways in which the CPG on Skin could support a proposal to increase the training numbers: the proposal should include several angles or viewpoints on why it was important to increase the training numbers for dermatology in Wales.

He outlined the timeline for the proposal: the workforce plans run in cycles (the next one is Aug 2021) with a consultation period prior to this (Jan-May) and with final recommendations made to NHS peer groups and the Cabinet Secretary for final decision in November. Avad acknowledged that other specialties have shortages but that dermatology was unique in that unlike other specialities dermatology has a surplus of applicants: there is only one training place for every 5 applicants.

His next steps are to collate data on demand and to work with stakeholders to make as wide a case as possible. Stakeholders who should feed into this proposal are patient groups, charities, the Welsh Dermatology Forum and the Welsh Assembly to increase training numbers in dermatology. The patient voice will be a big part of this, for example case studies in psoriasis. Iain Whitaker also spoke about how plastics could work with dermatology. We talked about the role of Skin Care Cymru and how the charity could support the proposal. Avad will be in touch further with more information on how help is needed.

Action: Avad to let the CPG on Skin members know what information he needs from them to feed into the proposal.

4. Here Comes the Sun: An evaluation of a schools' sun safety education programme – Maura Matthews, Tenovus Cancer Care

Maura presented the results of this evaluation, setting the scene by talking about how skin cancer can be prevented and that sunburn during childhood is a key determinant of the risk of skin cancer in later life. Tenovus offered their Here Comes the Sun Schools Sun Safety Education Programme to all 1242 primary schools in Wales, with only 128 schools taking them up on the offer (10%). She described the intervention that Tenovus offer and the positive feedback and results they have had from the schools who have participated. However, she reported there is work to be done as they had no uptake in Swansea, Monmouthshire, Powysis, Flintshire, Merthyr, Blaenau Gwent and Wrexham. She also reported some of the barriers to uptake including that it is not mandatory for schools to offer sun safe policies, conflicting advice from the Healthy Schools Programme and the Local Education Authority and the fact that the programme is not bilingual. Going forward, Tenovus Cancer Care is lobbying for mandatory requirements for Primary Schools to adopt robust sun safety policies, the WNHSS to amend the guidance notes to include evidence based programmes such as Skcin Sun Safe Schools and HCTS and are working with the charity Skcin to source funding to offer bilingual resources to schools. Maura concluded by asking how the CPG on Skin can support their efforts. A discussion ensued with the resulting following actions:

Action: Nick Ramsay to write to the Minister for Education, Kirsty Williams, asking her to release funds to help with Welsh translation of the Tenovus Here Comes the Sun literature.

Action: Nick Ramsay to write to Cabinet Secretary for Health and Social Services to help encourage uptake of the programme.

Action: Dai Lloyd as Chair of Health Committee to write to local schools to promote uptake.

5. Impact of Facial Scarring following Skin Cancer Surgery vs Other Causes and the Management of Non Melanoma Skin Cancer – Iain Whitaker, Swansea University

Iain gave an overview of his unit with the key research themes including skin cancer and facial scarring. He presented findings from a recent study using linked data which aimed to determine: the incidence and demographics of facial scarring in Wales; the association of anxiety and depression & facial scarring and whether the aetiology of facial scarring is associated with increased risk of developing anxiety and depression. Results showed that there is a high burden of anxiety and depression in patients with facial scarring. There is also an association between aetiology and risk of the development of affective disorders and there is a need to improve psychological support for patients with facial scarring. The research also gives a guide as to who to target for support including those with benign tumors and assault victims.

Iain also presented findings on the use of big data to assess the health economic impact of skin cancer in Wales. This study aimed to establish and identify the epidemiology of skin cancer in Wales; the burden of skin cancer to healthcare resources; to assess the accessibility of care and to establish the burden and effectiveness of patient follow up. Using anonymous data for melanoma there were 9 636 patients (2000-2015), with 152 248 output appts., 48 873 procedures and 16 779 days in hospital. For non-melanoma skin cancer 54,203 patients were recorded between 2000-2015, there were 37 623 BCCs, 16 580 SCCs, 149 641 procedures and 42 075 days in hospital. He concluded that skin cancer places a large burden both on patients and on the NHS. With numbers increasing, routinely collected data should be used to re-design services and Non Melanoma Skin Cancer registration should be compulsory.

The group talked about how all the different specialties and groups in skin could work together to raise awareness of these issues. Iain said he had some patients who may be willing to share their stories to help raise awareness as well.

6. Any other business – All

Chris Bundy reported on progress with The PsoWell training programme. It has now been run in 8 centres across the UK including Cardiff and with around 20 participants attending each location. The attending people are dermatologists or dermatologists in training, dermatology specialist nurses and a few GPs with a special interest, plus a few psychologists and pharmacists with an interest in this area. There remains 3 places to cover in Bristol, Dundee and a second course in London and the programme will end in March 2020. The course is highly rated. She has also been involved with a documentary on BBC3 exploring the experiences of living with different skin conditions.

Julie has almost completed the final draft of the consultant retention research project she will provide an update at the next CPG on Skin.

Julie will circulate the next meeting date which will be in approximately 6 months' time.